



Wilderness First Aid at Quivira Scout Ranch Summer Camp – 2019



The goal of this course is designed to train participants to be confident, effective Wilderness First Aid providers.

Wilderness First Aid is a 16-hour course that is specifically designed to teach you how to respond to any number of first aid emergencies that might occur where Emergency Medical Services are more than one hour away.

Not only does this training apply to wilderness situations but it may also prove very useful at distant Troop/Crew/Pack campouts and events, personal family events and non-Scout related events.

BSA requires that some participants in Crews are trained in Wilderness First Aid to participate in High Adventure Camps.

What will the WFA Course at QSR include in 2019???

The WFA course at Quivira Scout Ranch during summer camp will include a large amount of hands on training for about 25 different first aid scenarios. By successfully completing this course you will be certified in CPR/AED and Wilderness First Aid for two years.

What topics will the course cover???

The course will be driven by teaching you how to evaluate a first aid patient and then equip you with training to deal with wilderness/remote area first aid events.

These include:

1. Snake Bite
2. Hyperthermia
3. Hypothermia
(the #1 killer of wilderness emergency accidents)
4. Dehydration
5. Shock
6. Heart Attack – Conscious patient
7. Heart Attack – Unconscious patient
8. Stroke
9. Burns – Minor
10. Burns – Major
11. Anaphylaxis – Bee stings, scorpion stings
12. Anaphylaxis – Food allergies
13. Spinal Injury – Significant fall injuries
14. Broken Bones – Legs, Arms, Ankles
15. Abdominal Injuries/Gastro-Intestinal Issues – Appendicitis, Diarrhea, etc
16. Diabetic Emergencies – Hypoglycemia, Hyperglycemia
17. Breathing Difficulty – Asthma, Allergies
18. Small Animal Attack – Rabies, bites
19. Bear Attack
20. Mountain Lion Attack
21. Lightning Injuries
22. Submersion – CPR/AED
23. Eye Injury
24. Dental Emergency
25. Blisters
26. “Cap Stone” Scenario

How will the course be taught???

- The course will focus on a lot of “hands on” scenarios using the EDGE training method (Explain, Demonstrate, Guide and Empower) to teach the various concepts involved in Wilderness First Aid.
- The course will begin on Monday of summer camp week at the training area right after breakfast on Day One.
- CPR/AED certification will be the first order of business.
- We will remain in the training center for much of the morning to discuss what Wilderness First Aid is and we will work on learning how to do an appropriate WFA Patient Assessment.
- Immediately after lunch we’ll head to the QSR Outback to continue training.
- There won’t be a lot of lecture (NOT MANY POWERPOINTS!). Training will mostly be done with interactive, “hands on” scenarios for situations listed above.

We’ll **backpack camp** in the QSR backcountry and cook our own dinner on Day One and breakfast on Day Two.

We should be back into camp headquarters at lunchtime on Day Two and will complete any unfinished training at basecamp the afternoon of Day Two.

We’ll set up our crew as closely to a Philmont Crew as we can, depending on the number of participants.

The desired outcome of this course is for each participant who applies themselves to learn the concepts to be a confident, effective Wilderness First Aid provider.

Register by Saturday, May 18, 2019!

COST: \$90 per person, all inclusive, for registered QSR Summer Camp participants
 \$110 per person, all inclusive, for those only taking the two-day course

Register online for ALL sessions at <https://quivira.org/training/>

Each week is listed as a CLASS OPTION on WFA under Training on Tentaroo. **Please use Unit’s log-on.** Fee includes meals, WFA book, CPR/AED book materials and a 2-year WFA and CPR/AED certification.

More info will be emailed to registered participants well in advance of the course.

BRING AN EXTRA COPY OF YOUR BSA ANNUAL HEALTH & MEDICAL FORM!!!

BE PREPARED!

Week #1 – Mon/Tues, June 3 and 4

Week #2 – Mon/Tues, June 10 and 11

Week #3 – Mon/Tues, June 17 and 18

Week #4 – Mon/Tues, June 24 and 25

Maximum of 12 participants per session.

Contact: Doug Trumble, NREMT, Course Director 316-217-6047 dougtrumble316@gmail.com
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