

You need to print this form and bring it with you to Merit Badge College.

**Highlighted areas are to be completed outside of class.**

1. Satisfy your counselor that you have current knowledge of all first-aid requirements for Tenderfoot, Second Class and First Class ranks. (bring note from Scout Master stating that you have current knowledge for the appropriate rank level)
2. Do the following: **(Bring First Aid Kit to Merit Badge College!!)**  
Explain how you would obtain emergency medical assistance from your home, on a wilderness camping trip and during an activity on open water.  
 a. Home:  b. Wilderness camping trip:  c. Open water:
3. Explain the term triage. Explain the steps necessary to assess and handle a medical emergency until help arrives.
4.  Explain the universal precautions as applied to the transmission of infections.  
 Discuss the ways you should protect yourself and the victim while administering first aid.
5. Prepare a first-aid kit for your home. Display and discuss its contents with your counselor.
6. Explain what action you should take for someone who shows signals of shock, for someone who shows signals of a heart attack, and for someone who shows signals of stroke.  
 a. Shock:  b. Heart attack:  c. Stroke:
7. Do the following:  
 a. Identify the conditions that must exist before performing CPR on a person.  
Then demonstrate proper technique in performing CPR using a training device approved by your counselor.  
 b. Explain the use of an automated external defibrillator (AED). Identify the location of the AED at your school, place of worship, and troop meeting place, if one is present.
8. Show the steps that need to be taken for someone suffering from a severe cut on the leg and on the wrist.  
Tell the dangers in the use of a tourniquet and the conditions under which its use is justified.
9. Explain when a bee sting could be life threatening and what action should be taken for prevention and for first aid.
- | When: | Prevention: | First aid. |
|-------|-------------|------------|
|-------|-------------|------------|
10. Describe the signs and symptoms and demonstrate the proper procedures for handling and immobilizing suspected closed and open fractures or dislocations of the
- | Fractures (broken bones)           | Open (compound) fractures of the   |
|------------------------------------|------------------------------------|
| <input type="checkbox"/> forearm   | <input type="checkbox"/> forearm   |
| <input type="checkbox"/> wrist     | <input type="checkbox"/> wrist     |
| <input type="checkbox"/> upper leg | <input type="checkbox"/> upper leg |
| <input type="checkbox"/> lower leg | <input type="checkbox"/> lower leg |
| <input type="checkbox"/> ankle     | <input type="checkbox"/> ankle     |
11. Describe the symptoms and possible complications and demonstrate proper procedures for treating suspected injuries to the head, neck, and back. Explain what measures should be taken to reduce the possibility of further complicating these injuries.  
 head  neck  back
12. Describe the symptoms, proper first-aid procedures, and possible prevention measures for the following conditions:
- |   |  |
|---|--|
| a. <input type="checkbox"/> Anaphylaxis/allergic reactions        | h. <input type="checkbox"/> Dehydration                        |
| b. <input type="checkbox"/> Bruises                               | i. <input type="checkbox"/> Muscle cramps                      |
| c. <input type="checkbox"/> Sprains or strains                    | j. <input type="checkbox"/> Heat exhaustion                    |
| d. <input type="checkbox"/> Hypothermia                           | k. <input type="checkbox"/> Heat stroke                        |
| e. <input type="checkbox"/> Frostbite                             | l. <input type="checkbox"/> Abdominal pain                     |
| f. <input type="checkbox"/> Burns—first, second, and third degree | m. <input type="checkbox"/> Broken, chipped, or loosened tooth |
| g. <input type="checkbox"/> Convulsions/seizures                  |  |

13. Do **TWO** of the following:

- a. If a sick or an injured person must be moved, tell how you determine the best method and demonstrate it.
- b. With helpers under your supervision, improvise a stretcher and move a presumably unconscious person.
- c. With your counselor's approval, arrange a visit with your patrol or troop to an emergency medical facility or through an American Red Cross Chapter for a demonstration of how an AED is used.

14. Teach another Scout a first-aid skill selected by your counselor.

\_\_\_\_\_  
Scout Name

\_\_\_\_\_  
Address

\_\_\_\_\_  
Troop Number

\_\_\_\_\_  
Counselor Signature

\_\_\_\_\_  
Unit Leader Signature

\_\_\_\_\_  
Date Completed

**Counselor:** Initial next to the box located to the left of the requirement completed in class. Sign the space that states Counselor Signature.

**Scout:** Complete the spaces above for Scout Name, Address and Troop Number. Complete all highlighted areas outside of class.

**This form replaces the traditional "Blue Card".**